

**Intramolecular and Intermolecular Forces**  
 (after, Silberberg, *Chemistry*, Table 12-2, McGraw Hill)

	Type of Force	Interaction	Energy Range (kJ/mol) per interaction	Examples
intramolecular bonding interactions	ion-ion	cation-anion	400-4000	strong $\text{Na}^+\text{Cl}^-(\text{s})$ , $\text{Ba}^{2+}\text{O}^{2-}(\text{s})$
	covalent	shared electron pairs	150-1100	strong $\text{F}_2(\text{g})$ , $\text{CH}_4(\text{g})$ , $\text{C}_2\text{H}_4(\text{g})$
	metallic	nuclear cations + 'sea of valence electrons'	75-1000	strong $\text{Mg}(\text{s})$ , $\text{Na}(\text{s})$
intermolecular interactions	ion-dipole	charged ion—permanent dipole ( $\delta+$ — $\delta-$ )—	40-600	strong $\text{Na}^+ - \text{H}_2\text{O}$ ,
	hydrogen bond	polar —H $^{\delta+}$ with non-bonding electron pair ( $\delta-$ ) on :N—, :O—, :F— —H $^{\delta+}$ ° ° :O $^{\delta-}$ —	10-40	moderate $\text{H}_2\text{O}-\text{H}_2\text{O}$ , $\text{H}_2\text{O}-\text{CH}_3\text{OH}$ , $\text{H}_2\text{O}-\text{NH}_3$ , between bases on strands of DNA and RNA
	dipole-dipole	permanent dipoles interact ( $\delta+$ — $\delta-$ )—( $\delta+$ — $\delta-$ ); <i>polar-polar</i>	5-25	moderate $\text{HCl}-\text{HCl}$
	ion-induced dipole	ion with dipole induced by ion ; <i>ion - non polar</i>	3-15	weak $\text{Fe}^{2+} - \text{O}_2$
	dipole- induced dipole	permanent dipole with dipole induced by polar molecule <i>polar – non polar</i>	2-10	weak $\text{HCl}-\text{Cl}_2$
	dispersion (London or van der Waals)	instantaneous dipole induces dipole <i>non polar – non polar</i>	0.05-40	weak $\text{Ar(g)}-\text{Ar(g)}$ , $\text{C}_6\text{H}_{14}-\text{C}_6\text{H}_{14}$ many become quite strong due to many interactions